

STUDENTS AND TECHNOLOGY RESOURCES

How To Check Internet History

Internet Explorer (version 8)

1. Open Internet Explorer
2. Click on View
3. Select Explorer Bars
4. Select History
5. A Bar will appear on left side of IE window
6. Select what day or time you want to check (last week, today, etc)
7. A list will appear of the visited websites (if history is blank, its been deleted!)

Setting History Options in IE v. 8

1. Open Internet Explorer
2. Select Tools
3. Select Internet Options from the menu
4. Click on Settings underneath Browsing History
5. Look for History at bottom. Next to Days to keep pages in history, enter the amount of days history you want IE to store (remember, the larger the number, the more memory is used)

Mozilla Firefox/Safari or Google Chrome

1. Open Firefox/Safari/Chrome
2. Click on History and select Show All History

Ipod Touch Internet History

1. Click on Safari in Apps
2. Click on the Book picture on the right at the bottom
3. Select History
4. Select Date you want to explore

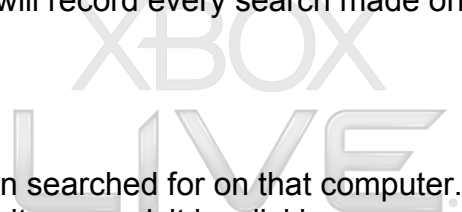
Google History

1. If you have not created a Google account (with an email address), do it!
2. As long as your computer is logged into that account, it will record every search made on that computer.
3. Go to Google and click on Google account settings
4. If prompted, enter in your Google account information
5. Look for Web History and select it
6. If it is turned on, it will show you everything that has been searched for on that computer.
7. The settings for this can be expanded to record all web sites you visit by clicking on Expand Your Web History on the History page.

A video tutorial for Internet Explorer:

<http://www.youtube.com/watch?v=M5I0kUVcwCQ>

****One thing to look for in histories: If the word proxy is attached to any website, they are using a proxy site that will block recording of what they are looking at. For a list of proxy sites, see www.proxy.org.***



Software Help

- ❖ **Covenant Eyes** is affordable monthly surveillance software for your computer and your iPhone/iPod Touch/iPad. It filters AND serves as accountability by emailing a list of visited websites to parents or an accountability partner. If one disables it, it will disable the internet. www.Covenanteyes.com
- ❖ **Social Shield** alerts parents of their students Social Network interactions and background checks their friends. Doesn't do much with cell phones. www.socialshield.com
- ❖ **Safety Web** includes mobile usage and Social Network monitoring and alerts www.safetyweb.com
- ❖ **Net Nanny** (includes mobile texting) will not be popular with your kids, so I recommend it ☺ It not only filters and alerts internet and Social Media interactions, they also have a second program that will allow you to survey the content of any email or text messages your student sends on their mobile phone. It also allows you to limit how much time they spend on the internet. www.netnanny.com
- ❖ **My Mobile Watchdog** is a mobile phone mobile phone monitoring app. It is made for Windows Phones, Android and Blackberry. <http://www.mymobilewatchdog.com/>

Another option: Keystroke Recording

- ❖ **Spector** or **EBlaster** records all keystrokes and websites your kids view. It is a little pricey. www.spectorsoft.com
- ❖ **Verizon Customers**: you can implement parental controls on content your kids look at on their phone, time restrictions on when they can use their phone, block numbers, and more. Check out Verizon Wireless' website for more details.

****Remember one thing. With most of these, there are videos on Youtube to show kids how to disable them.***

Website resource links

- ❖ <http://www.connectsafely.org/>
- ❖ <http://www.wiredsafety.org/>
- ❖ <http://www.netsmartz.org/Parents>
- ❖ **Click Magazine** <http://www.schools.nsw.edu.au/news/technology/index.php>
- ❖ **CPYU** is a nonprofit organization committed to building strong families by serving to bridge the cultural-generational gap between parents and teenagers. Movie reviews, music reviews, video game reviews and cultural insights. I HIGHLY recommend this website!!! <http://www.cpyu.org>
- ❖ **Plugged In** is a media review website created by Focus on the Family. <http://www.pluggedin.com/>
- ❖ **Kids-in-mind** is a family movie review site. It tells how much violent, sexual and language content is in new movies. www.kids-in-mind.com

Recommended Videos on Modern Media and Technology

- ❖ **Growing Up Online** (has some suggestive content) is a three year old episode of PBS' Frontline that shows the impact of technology on student's individuality, schools, and privacy. <http://www.pbs.org/wgbh/pages/frontline/kidsonline/view/>
- ❖ **Digital Nation** is an episode of PBS' Frontline by Douglas Rushkoff and Rachel Dretzin on the impact of technology on our kids. I HIGHLY recommend this. <http://www.pbs.org/wgbh/pages/frontline/digitalnation/>